

Social Distancing Advice



AVOID

- Athletic Events
- Group Gatherings
(e.g. birthday parties, weddings, funerals)
- Visitors in your Home
- Sleepovers
- Playdates
- Crowded Stores
- Public Spaces
(e.g. malls, gyms, social events, theatres)



USE CAUTION

- Parks
- Church/Faith Gatherings
- Grocery Store
- Get Take Out
- Travel



SAFE

- Family Game Night
- Streaming TV
- Video Chat
- Spring Cleaning
- Read a Book
- Listen to Music
- Sit on your Deck
- Take a Walk/Ride your Bike
- Yard Work
- Play outside
- Cook
- Check on a Friend